

LYASA

Ляса

(Bulgaria - Dobrudzha)

A dance from Dobrudzha in N.E. Bulgaria somewhat related to the *Daichovo* family in 9/8 meter.

Pronunciation: Lee-AHS-ah
Music: Yves Moreau CD
Meter: 9/8. Counted here as 1-2, 1-2, 1-2, 1-2-3 or qqqs or cts 1-2-3-4
Formation: Mixed open circle or line, hands joined down at sides (V pos).
 Face R of ctr (LOD), wt on L.
Style: Earthy with slight knee bend.

9/8	Description
10	Introduction: no action (first two meas are just chords)
	1. Basic pattern
1	Travelling in LOD, four steps , R-L-R-L (1-4).
2	Continuing in LOD, step R & L (1-2) step on R turning to face ctr (3) low stamp with L ft, no wt, (4)
3	Moving twd ctr, step fwd on L (1) low scuff with R next to L (2) step fwd on R, turning body to face slightly L (3) low scuff with L next to R (4)
4	Straightening body, take three steps moving back, L-R-L (1-3) stamp with R next to L, no wt. (4)
5	Move fwd towards ctr with three steps R-L-R (1-3) stamp with L next to R, no wt (4)
6	Repeat pattern of meas 6, moving bkwd, starting with L (4)
7	Turning body to face L, step back onto R (1) hold (2) step back on L (3) step on R in place (4)
8	Repeat pattern of meas 7, with opp direction and footwrk
	Hand movements
1	Arms are down in V pos
2	Arms slowly come up to end up in W pos by ct 4
3	Arms are up in W pos
4	Arms slowly come down to V pos by ct 4
5	Arms slowly come up to W pos
6	Arms slowly come down to V pos
7-8	Arms swing fwd and back, straight elbow

Repeat dance from beginning

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