



**INTERNATIONAL FOLK DANCING  
FOR BEGINNERS**

**FREE TEACHING**

**WEDNESDAY, FEBRUARY 5,  
6:00 PM**

**CLUBHOUSE 2**

**EVERYBODY IS WELCOME**

**NO PARTNER NEEDED**

**JOIN US TO HAVE FUN,**

**BETTER HEALTH, IMPROVE YOUR CARDIAC OUTPUT**

**BONE DENSITY, AND BRAIN FUNCTION/MEMORY**

**AND ABOVE ALL**

**A HAPPIER YOU**

**FOR LAGUNA WOODS. RESIDENTS AND THEIR GUESTS**

**FOR INFO CALL 949 680 9946**